

Good *Grief*

A Support Group for People who Have Lost a Loved One

Losing a loved one is challenging, confusing, and painful. This group seeks to help individuals and families understand the nature of loss, what can be expected in the process of grief, how to maintain hope, and help make room for change.

Led by local psychologist
Dr. Jackson Rainer,
a nationally known grief expert
and Georgia Southern University professor

Thursdays

May 24

May 31

June 7

June 14

3 p.m. - 4:30 p.m.

Meeting held at First Presbyterian Church
Hwy. 67
Statesboro

Registration is requested

To register contact • Sandy Forehand • 912-764-7725